



Sunday October 20th

Markham Suites Hilton

Entertainment meets Empowerment!

This is your exclusive invitation to...

# "EMPOWERING TRANSFORMATIONS *for* CREATIVES"

*"Super Me! breaks through the sleepy workshop format and delivers an 'Aha!-Moment Interactive Event' that sweeps in and defeats boredom like a superhero in tights."*



WOULD YOU LIKE A  
\$200 TICKET FOR **FREE?**

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space is limited register now!



## Sunday October 20th

**“EMPOWERING TRANSFORMATIONS for CREATIVES”**

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*“My cousin, a chef, and I, an artist, were invited by a friend to a self-empowerment workshop for creatives. Nice idea, but all we could think of was the last “creative workshop” we attended in a dull room with rows of chairs, some art expert speaking in a monotone as we sat through a four-hour caffeine-fueled marathon.*

*We were not particularly excited, but we adore our friend - so we bought 4 coffees and we went.*

*Much to our surprise (and relief), this event swept in and defeated boredom like a superhero in tights.”*

**Keep reading! There’s more on the next page...**

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## Discover everything that's right with you!

We seem to have hit the jackpot! The facilitator for the day was **Cori Ashley, the founder of Super Me!** and no slouch in the music industry — an internationally known composer, producer, and multiple SOCAN and Telly award-winner for original music written for TV and film but, her passion for songwriting was pretty obvious when we heard some of her original songs during the event — very cool!

As a "Creative" herself, Cori really understands what it means to try and navigate this complex, demanding world as a sensitive, passionate, artsy person.

This event was next level. Cori and her empowering "family" created a space where everyone in the room felt immediately accepted, understood, and able to hang outside the proverbial box together.

We managed to grab some time with Cori after the event and got to hear a bit about where all of this came from:

*"Our team, or "Family" as I call them, made up of experts in arts, education, counseling and all aspects of health, came to realize the power and benefits of personalized solutions.*

*So, in 2008, we launched Super Me! to offer a fun, innovative, solution-based support system for people of all ages to help them succeed in every aspect of life.*

*Over the past decade, thousands of kids, teachers, families, worldwide have used our science-based programs to find their individual paths to self-awareness and empowerment — sometimes in just 15 minutes. I love it! It's beautiful!*

*Then Cori laughed and added, "That's the brainy side. My Broadway-loving, artsy self makes sure everyone leaves inspired, empowered, and thoroughly entertained!"*

And without a doubt we were inspired, Empowered, and we salsa stepped and laughed all the way home!

**So Go!** We were so excited to hear that they are offering some FREE tickets to the next one...Tell your besties and GO!  
**It's the best "ME-POWER" gift you can give to yourself.**

With gratitude,

*Cid Griffin - Big Picture Artistry*

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